



Narcotics Anonymous®

South of Fraser Area

Service Committee Meeting

Date: February 01, 2026

Meeting Opening

- Meeting initiated by facilitator after a moment of silence & 3rd step prayer at 5:01pm.
- Concept: 1, Tradition: 1, Area Service Respect Statement read by various members.
- Groups represented: 11, Total Attendance: 18, Members at large: 3

ASC Executive, Sub-Committee Chairs and Liaisons - Attendance

Trusted Servant Positions	Name	Present?
Facilitator	Ken	<input checked="" type="checkbox"/>
Co-Facilitator	OPEN	
Secretary	Alex	<input checked="" type="checkbox"/>
Treasurer	Leanne	<input checked="" type="checkbox"/>
RCM 1	Jenna	<input checked="" type="checkbox"/>
RCM 2	OPEN	
Activities Chair	Dawn B	<input checked="" type="checkbox"/>
Literature Chair	Christina	<input checked="" type="checkbox"/>
Outreach Liaison	Tiana	<input checked="" type="checkbox"/>
H&I Chair	Jenny	<input checked="" type="checkbox"/>
P.I. Liaison	Zach	<input checked="" type="checkbox"/>
P.I Chair	OPEN	
Phonelines Liaison	Ainslie	<input checked="" type="checkbox"/>
Newsletter Liaison	Mike	<input type="checkbox"/>
Postal Communications	Samantha	<input checked="" type="checkbox"/>
Web-Coordinator	Aaron	<input checked="" type="checkbox"/>
Guidelines Point-person	OPEN	

SOFA Groups	GSR		ALT GSR	
Suicide Solutions	Fred	<input checked="" type="checkbox"/>	Nancy	<input type="checkbox"/>
Cloverdale NA	Jessica	<input checked="" type="checkbox"/>	TBD	<input type="checkbox"/>
Tuesday Night Fireside	Tony	<input checked="" type="checkbox"/>	Darnell	<input checked="" type="checkbox"/>
Changing Ways	Mike	<input checked="" type="checkbox"/>	Rob M.	<input type="checkbox"/>

Serenity by the Sea	TBD	<input type="checkbox"/>	TBD	<input type="checkbox"/>
New Desires	James	<input checked="" type="checkbox"/>	Ever	<input type="checkbox"/>
Resurrection	Jeff	<input checked="" type="checkbox"/>	TBD	<input type="checkbox"/>
Freedom from Active Addiction	Haley	<input checked="" type="checkbox"/>	TBD	<input type="checkbox"/>
Not Without Surrender	Samantha	<input checked="" type="checkbox"/>	Don C	<input type="checkbox"/>
No Shit Group	Aaron	<input checked="" type="checkbox"/>	Rob Z	<input checked="" type="checkbox"/>
Good day to be Clean	Laura	<input type="checkbox"/>	Alex (Acting)	<input checked="" type="checkbox"/>
Langley Saturday Night NA	Leanne (Acting)	<input checked="" type="checkbox"/>	TBD	<input type="checkbox"/>
Never Ending Journey	Glenn	<input checked="" type="checkbox"/>	Ainsley	<input checked="" type="checkbox"/>
The Next Right Thing	Tiana	<input checked="" type="checkbox"/>	TBD	<input type="checkbox"/>
A Bridge to Hope	Ever	<input type="checkbox"/>	TBD	<input type="checkbox"/>
Friday Night Fight	Matt (Acting)	<input checked="" type="checkbox"/>	Querida	<input checked="" type="checkbox"/>
Hope Fiends	Rhaea (Acting)	<input type="checkbox"/>	TBD	<input type="checkbox"/>
Fan the Flame	Mark	<input checked="" type="checkbox"/>	Jamie	<input checked="" type="checkbox"/>

Member at Large	Homegroup
Ken	Regional Delegate (Alternate)
Darnell	Fireside
Seth	Unknown

Trusted Servant Reports:

Each group report from the acting chair is attached below:

Facilitator:

- Ken – Present. Reported:
 - Went over Concept 2 as per recent email distro. **Concept 2 Study Guide is attached to the end of these minutes.**
 - Overhaul of SOFA Guidelines initiative is under way.
- Ken, Regional Delegate (Alternate) Guest Speaker
 - CAR Workshop – Ken – **the Group Conscience Collection Sheet is attached to the end of these minutes.**
 - Provided background on regional system / concepts / delegate role
 - Review of handout from Ken - Service Conference & Conference Agenda Report.
 - 5 Motions put forth this year – Ken explained each.
 - Asking each GSR to take motions back to home group and report back.

Co-Facilitator:

- Position Open – **please bring back to your groups.**

Secretary:

- Alex – Present. Nothing to Report.
-

Treasurer:

- Leanne – Present. **Treasurer report is attached at the end of the minutes.**
-

RCM 1:

- Jenna – Present. **RCM 1 Report & Enclosures is attached to the end of the minutes.**
- **Proposal: Jenna - Activities Committee: Financial Review**
Approach: In order to aid the activities committee with their goal of fundraising; I would like to propose that the area admin team work with the activities committee on a financial review dating from the last white water rafting event up until now.

The admin committee met to discuss what our expectations are for the financial reports regarding the activities committee, and if the groups agree our expectations are as follows:

1. the activities report will include a snapshot of the bank account for the last month at every area meeting.
2. Following events, the activities committee will provide an income and expense breakdown at the following area meeting – like what was done after the winter event.
3. Any cash funds will be deposited into the activities bank account in a timely manner. Suggested 3-5 days following the event.

We want to give the activities committee 3 months with support from the admin committee to provide these financial reports and then revisit allowing activities to bank some funds towards the next white water rafting event.

Discussed: Receipts from prev. year are not available per Dawn. Members recommend discussing the need for a new treasurer if adequate records cannot be kept. Discussed importance of transparency with financials particularly when the committee needs to fundraise.

Consensus: Moving forward the activities committee will implement these practices and advise the admin committee if / when support is needed.

RCM 2:

- Position Open – **please bring back to your groups.**
-

Activities Chair:

- Dawn – Present. **Activities Report is attached at the end of the minutes.**
- **Proposal: Dawn - Bingo Night Event – Literature Donation**
Discussed: \$154.60 calculated total needed. Financial statement for activities account passed around. Discussed lack of receipts for 2025 events other than the Winter Event. Moving forward, Activities to be providing regular financial reporting before proposing funds for future activities.

Consensus: Agreed.

Literature Chair:

- Christina – Present. **Literature Report is attached at the end of the minutes.**
 - Christina also reports:
 - Literature order submissions are going well these days following regular distro of lit order form.
-

Outreach Liaison:

- Tiana – Present. Reported the following:
 - Update on support provided to new group Fan the Flame and Friday Night Fight support attempts.
 - **Proposal: Tiana - Would like to Step Down from Outreach Position**
Consensus: No objections, thanked Tiana for her service.
 - **Outreach position is now open, please bring back to your groups.**
-

H & I Liaison:

- Jenny - Present. Reported the following:
 - Everything going great – panels full, lit is ordered. No issues to report.
 - Elections process discussed for panel leaders – having all leaders stand down / be replaced at once.
-

Public Information Liaison:

- Zach – Present. **PI Report & Draft Email is attached at the end of the minutes.** Reported the following:
 - Meeting List distribution update.
 - Basic text to high schools update & draft email.
 - New Meeting; “Fan the Flame” is going great!
-

Newsletter Liaison:

- Mike – Absent.
-

Phonelines Liaison:

- Ainslie – Present. Reported the Following:
 - No traction for volunteers, losing enthusiasm for the role. Suggested leaving role as she doesn't feel she is doing it service:
 - Consensus around the room is that she is doing an excellent job.
 - Concerns about the role not being announced – however no members have expressed any interest in role so to remove her right now feels premature.
 - Recommended she keep at it for now as we all really appreciate it and nobody else known to us is willing / able to do better. The burnout may pass but all agree to revisit this in future meetings.
 - More support for sub committee is needed:
 - Several members agree to attend sub-committee meetings to garner more support and/or try to change service guidelines surrounding clean time.
-

Postal Communication Officer:

- Samantha – Present. Nothing to Report.
-

Guidelines Point Person:

- Position open – **please bring back to your groups.**
-

Web Coordinator:

- Aaron – Present. Reported the following:
 - New links for meeting minute packages setup for 2026.
 - Jenna is going to forward event flyers to Aaron moving forward.
-

Public Relations Chair:

- Position open, **please bring back to the groups.**
-

BREAK: 5:45pm

NA SERVICE PRAYER – Fred

GSR Reports:

Resurrection – Jeff Reports. Attendance is still up, on average 20 attendees. No group contribution. Recently switched treasurers. No support needed.

- Upcoming Cakes:
 - Nic C – 15 years on Feb 15
-

Never Ending Journey – Glenn Reports: Attendance down, average of 20-30. No area contribution at this time. They are in need of clean time support, female support, and 7th tradition support.

Freedom from Active Addiction – Haley Reports: Average attendance of 11-16. Area contribution of \$100.00. No support needs.

- Upcoming Cakes:
 - Kegan – 1 year on Feb 24
 - Haley – 1 year on April 28
-

Changing Ways – Mike (absent).

Saturday Night NA – Leanne (acting) Reports: Average attendance of 20. No area contribution at this time. Need trusted servants.

- Upcoming Cakes:
 - Tim T – 7 years on Feb 28
-

New Desires – James Reports: Average attendance of 12. No area contribution this time. Need female, financial and clean time support.

- Upcoming Cakes:
 - Ever S – 5 years on Feb 28
 - Anton S – 2 years on May 23
-

Tuesday Night Fireside – Tony (present). GSR Report never received (?) (please email secretary for adjustments)

The Next Right Thing – Tiana Reports: Average attendance of 10-20. Area contribution of \$200.00. Meeting needs all types of support.

Not Without Surrender – Samantha Reports: Attendance average of 20-30. No contribution at this time and no support needed currently.

Langley No Shit – Aaron Reports: Average of 30 in attendance. No area contribution, financial audit pending. No support needed at this time.

- Upcoming Cakes:
 - Ken R – 10 years on Feb 6
-

Cloverdale NA – Jessica Reports: Attendance is consistent with an average of 30-40 per week. Area contribution of \$600.00. Need trusted servants, female and clean time support.

- Upcoming Cakes:
 - Drew – 2 years on Feb 9
 - Megan – 1 year on Feb 23
 - Cam – 1 year on March 16
-

Good day to be Clean – Alex (acting). Nothing to report. Average attendance of 20. No area contribution at this time and no support needs.

Serenity by the Sea – Absent.

Suicide Solutions – Fred Reports: Group is doing well with an average attendance of 10-15 weekly. No area contribution at this time. Trusted servants & female support is needed.

- Upcoming Cakes:
 - Gary B – 17 years on Feb 8
-

Bridge to Hope – Absent.

Friday Night Fight – Querida Reports: Average attendance is 5-6 weekly, and no area contribution at this time.

Need all types of support.

- Upcoming Cakes:
 - Lisa – 1 year on Feb 20
-

Hope Fiends – Rhaea (absent).

Open Discussion:

- Ken – Regional – Discussion of Learning Day.
 - Volunteers for committee needed
 - Speakers talking about service-related topics
 - They need financial contribution and food liaison
 - Topic suggestions for speakers from groups
 - **Proposal – Money for Food / Entertainment for Learning Day.**
 - Leanne recommends \$500.00
 - All agree, Leanne wrote cheque
 - Christina – donation of coffee equipment to Activities committee.
-

Proposals:

- Jenna – Activities Committee Financial Review – PASSED
 - Dawn – Literature Donation for Bingo Night – PASSED
 - Tiana – Outreach Position Stepdown – PASSED
 - Ken (Regional Delegate) - Donation to Learning Day - PASSED
-

Elections:

- Open Positions:
 - Co- Facilitator
 - PR Chair
 - RCM 2
 - Newsletter Liaison
 - Guidelines Point Person
 - Outreach Liaison
 - No nominations & no position inquiries.
-

The meeting closed with the serenity prayer at 6:55 PM.
The next SOFA Meeting is on **March 1st 2026, 5:00 – 7:00 PM.**
17575 58A Avenue in Cloverdale, Surrey BC

Action Items:

- **GSR Tasks / Reminders:**
 - Ensure groups are utilizing the GSR Announcements Handout sent by the Area Secretary whenever possible / feasible.
 - CAR Handouts completed by each group prior to next area meeting.
 - **PI Tasks:**
 - Coordination of Basic Text in Schools project - ongoing
 - Potential Panel for staff at Gateway to Hope – gauge interest among select members & report back.
 - **Literature Chair Tasks:**
 - Obtain and provide the new literature price list to the secretary once available.
 - **Facilitator Tasks:**
 - Guidelines Overhaul Work Group - ongoing
 - **Phonelines Liaison Tasks:**
 - Advise various service members of where / when next sub committee meeting will be held so others can participate and support.
 - **Mail Liaison Task:**
 - Cheque Deposits from Winter Event, etc.
-

Attachments:

Concept 2 Study	9
CAR Collection Sheet	12
Treasurer’s Report	18
RCM Report.....	20
Activities Report	26
Literature Report	27
PI Report	28

SECOND CONCEPT (Authority)

The final responsibility and authority for NA services rests with the NA groups.

The NA service structure has been created by the groups to serve the common needs of the groups. Our fellowship's service boards and committees exist to help groups share their experience with one another, provide tools which help groups function better, attract new members to group recovery meetings, and carry the NA message further than any single group could carry it alone. Because the groups have created the service structure, they have final authority over all its affairs. By the same token, the groups also have the final responsibility for the support of all its activities. The two go hand in hand.

- 1. Who creates the service structure and for what reason?**
- 2. Why are service boards and committees created?**
- 3. Who has final authority over all of the service structures affairs?**
- 4. Who has the final responsibility to support all the activities of the service structure?**
- 5. Which Tradition applies in the decision making of these groups regarding the service structure?**

Ideally, responsibility and authority are flip sides of the same coin; the exercise of one is also an exercise of the other. When our groups provide the resources---conscience and ideas, people, money----needed to fulfill NA services, they also provide direction to the service structure. Let's take a look at a few examples of how this principle works.

6. How do spiritual principles of responsibility and authority work together?

The most important resource contributed to the service structure by an NA group is almost exclusively spiritual: its ideas and its conscience. Without the voice of the groups, the service structure may not know what kinds of services are needed, or whether the services it provides are ones the groups want. The groups provide the ideas and direction needed to guide the service structure in fulfilling its responsibility. By voicing their needs and concerns, the groups also exercise their authority for the service structure they have created.

7. What is the most important resource a group can contribute to the service structure?

8. How does the service structure know what services the groups want?

9. How do the groups exercise their authority to the service structure?

The people who give their time to service work are a vital resource; without them, our service boards and committees would not exist, much less be able to serve. The group's responsibility to the service structure is to elect a group service representative who will serve the best interests of the group and the entire NA Fellowship. By carefully selecting its GSR, then providing that person with regular support and guidance, the group exercises its ability to impact NA services, both directly and indirectly. In choosing a qualified GSR, then sending him or her out to serve on the groups behalf, the group fulfills a large part of both its responsibility and authority for NA services.

10. What is another vital resource and why is it needed?

11. What is another responsibility of the group to the service structure?

12. What are the key points in selecting a qualified GSR?

13. Who is responsible for the training of the GSR in relation to Traditions and Concepts?

Money is required to fulfill NA services. Without it, our phone lines would be closed down, our meeting lists would not be printed, there would be no NA literature to distribute, our H & I panels would go without pamphlets, and our public information workers would be unable to provide printed materials about our fellowship to the community. The message of the Second Concept in regard to money, however, is simple: Since the groups have created the service structure to perform certain tasks, the groups are also responsible to provide the necessary funds.

- 14. What other resource is needed to fulfill NA services?**
- 15. What would happen without this resource being fulfilled?**
- 16. What is another responsibility of the groups to the service structure?**
- 17. What Traditions apply with this responsibility?**

This concept also speaks to the service structure. The groups have, directly or indirectly, created every one of our service boards and committees. The NA groups have, directly or indirectly, provided the resources used by those service boards and committees. The groups have established the service structure as a medium through which, together, they can better fulfill our fellowship's primary purpose. Therefore, in all the affairs of all its elements, the service structure must carefully consider the needs and desires of the groups. The Second Concept can be seen as the groups' way of saying to the NA service structure, "Be responsible with the spiritual, personal, and financial resources we have provided you. Seek our advice; do not ignore our direction."

- 18. What responsibility does the service structure have to the groups?**
- 19. What responsibilities do the groups have in choosing their trusted servants to fulfill the positions of the service structure?**
- 20. What does the Second Concept say for the groups to the service structure?**

The NA groups bear the final authority in all our fellowship's service affairs, and should be routinely consulted in all matters directly affecting them. For example, proposals to change NA's Twelve Steps, Twelve Traditions, name, nature, or purpose should be approved directly by the groups. Conversely, if something goes wrong in the service structure, NA groups are responsible to take constructive steps to help correct the problem. Since change rarely occurs overnight, patience and acceptance may be called for. Nonetheless, the exercise of final authority for NA services, a vital part of the system of service established by our fellowship, is both the right and the responsibility of the groups.

- 21. Who has the final authority in all our fellowship's service affairs?**
- 22. Who is the ultimate authority in all our fellowship's service affairs and why?**
- 23. What are some examples of proposals that should be approved directly by the groups?**
- 24. What can the groups do if something goes wrong within the service structure?**
- 25. Why should the groups perform the final authority?**
- 26. What Traditions apply to this Concept?**
- 27. What is the Spiritual Principle of Concept Two and what is the definition?**

Group Conscience Collection Sheet

GROUP/AREA NAME: _____

TOTAL NUMBER OF PARTICIPANTS: _____

MOTIONS				
		Yes	No	Abs
#1	<p>Approve the revised IP #21, <i>Staying Clean in Isolation</i>, contained in Addendum A, as Fellowship-approved recovery literature to replace the current IP #21, <i>The Loner—Staying Clean in Isolation</i></p> <p>Maker: World Board</p> <p>Intent: To update this IP originally approved in 1986 with current Fellowship experience.</p> <p><i>For more information on this topic, see page 17 of the CAR.</i></p>			
#2	<p>To adopt the collaboratively created 2026–2029 NA World Services Strategic Plan contained in Addendum B.</p> <p>Maker: World Board</p> <p>Intent: To approve the results of the collaborative planning that began at WSC 2023 and continued with zonal and conference participant involvement throughout this cycle.</p> <p><i>For more information on this topic, see page 19 of the CAR.</i></p>			
#3	<p>To hold the World Convention of Narcotics Anonymous (WCNA) every 5 years, beginning in 2028. The location to be determined by the World Board based on fiscal and geographic considerations that lend themselves to, at minimum, a revenue-neutral event. (The specific changes to the WCNA Guidelines in GWSNA are shown in Addendum C.)</p> <p>Maker: World Board</p> <p>Intent: To have guidelines for the World Convention (WCNA) that reflect the changing nature of large events worldwide and support the prudent use of Fellowship resources.</p> <p><i>For more information on this topic, see page 25 of the CAR.</i></p>			
#4	<p>To direct the World Board to create a project plan for consideration at WSC 2029 to research and explore the opportunities and obstacles of providing booklength pieces of literature to the incarcerated, on tablets, in addition to the IPs and audio version of the Fifth Edition Basic Text that already exist on inmate tablets.</p> <p>Maker: Arizona Region</p> <p>Co-makers: Florida, Ohio, Northern California, Southern California, Sweden, UK, Utah</p> <p>Intent: To give the Conference and Fellowship the ability to meaningfully discuss the opportunities and obstacles of making booklength pieces of literature available to the incarcerated on tablets.</p> <p><i>For more information on this topic, see page 45 of the CAR.</i></p>			
#5	<p>To direct the World Board, to implement artificial intelligence (AI) interpretation solutions for WSC meetings (both in-person and virtual) to replace the current human live language interpretation.</p> <p>Maker: South Florida Region</p> <p>Co-makers: Iran, UK, Nepal</p> <p>Intent: To eliminate language barriers, ensuring that all voices are heard globally, enhancing our communication and time efficiency during business meetings. This initiative also aims to reduce the risk of human interpretation errors and potential absences during our sessions.</p> <p><i>For more information on this topic, see page 46 of the CAR.</i></p>			

You can fill out this form, take a photo of it and email to rd@bcrna and ad@bcrna

OR you can complete this electronically at <https://bcrna.ca/forms/view.php?id=24397>

Literature surveys are available at <https://na.org/naws-projects-and-surveys/>

All CAR Resources are available at <https://bcrna.ca/resourceses/> under the heading **WSC 2026**

Please submit your group conscience no later than **April 1, 2026**

Group Discussion Questions: Please have your group discuss these questions. Write your responses in the area below. Feel free to use another sheet if needed. Please take a photo of your responses and email to rd@bcrna.ca and ad@bcrna.ca

General Neutral and Inclusive Language (In regards to descriptions of people, not a Higher Power. ie changing "men and women" to "people")

Given that we all want to provide a safe, welcoming, inclusive Fellowship where everyone can recover (regardless of . . .), are we willing to explore these types of changes in our literature in order to carry the message more effectively? If not, why not?

Drug Replacement Therapy/ Medically Assisted Treatment in NA

Does your group or area ask members whether they're on MAT when they step up to celebrate or to serve? What do you do next?

Given our differences, how can we foster unity and respect each member's recovery process? How do we get past our personal reservations and help newer members take root in our local communities if their process differs from our own?

IP #21 Staying Clean in Isolation

Introduction

Every time I feel like I am all alone, I remember that there are others in the Fellowship who also feel alone, possibly in the same exact moment.

Narcotics Anonymous is a program of connection—some people even say NA stands for “never alone.” Most of us, at some point in our recovery, have experienced deep loneliness and isolation. Even when we are emotionally, physically, or geographically alone, we can stay clean and find a new way to live.

There are many reasons we may be isolated: We may live far from any NA meetings or lack transportation to get there. Our physical health can limit us. We may be caring for children or others who cannot be left alone. We may be working long hours or on the road; we may be displaced, or in a job or living situation we cannot easily leave. Yet if the NA message has found us, we can find our way to the message.

Our recovery in NA includes both connection to others and connection to a Power greater than ourselves. At different times in our recovery we build bridges from isolation to connection in different ways. Our Basic Text reminds us that “there is no model of the recovering addict,” and our experience has shown that we can stay clean and recover from the disease of addiction “no matter what.”

More than ever before, we have resources to stay in touch, participate, work Steps, and be of service, regardless of physical, geographical, or other limitations. Some of us have experienced total isolation where no communication with others was possible. The program of Narcotics Anonymous gave us tools to get through those times, too. Being honest about our circumstances, open-minded about what can work for us, and willing to try new ways of thinking about our program allows us to experience our isolation as an opportunity rather than an obstacle.

Addiction and Isolation

Addiction is a disease that thrives in isolation. We experience isolation when we are distanced from NA members, even when we have been part of an NA community for a long time. Isolation can manifest physically, emotionally, or spiritually.

For the member who finds NA online or in print and cannot attend meetings in person, virtual meetings and long-distance sponsorship may feel “normal.” But for an addict who becomes isolated after having long been part of an in-person NA community, the same experience may feel profoundly alienating.

Some of us may live far from in-person meetings, and we may be in a position to bring NA into our local community by starting meetings; others of us cannot attend meetings in person for other reasons, even if they’re nearby. Regardless of our specific circumstance, we all need to stay clean no matter what. NA is here for us when we are struggling. Seeking NA through virtual meetings or social media, calling people we’ve met at meetings or events, even writing letters allows us to connect with other members who believe in us and want to help us in our recovery. We build our “we” and help others feel included by making a phone call, sharing a link or a piece of literature, or offering a ride. Even a small gesture that helps someone feel seen and recognized—remembering someone’s name, or inviting them to fellowship after the meeting—can make all the difference.

There are times when we can’t reach another addict in recovery. One member spent their first winter clean in a remote wilderness. She shared, “In the stillness I came to know that I’m part of the world. I’m part of something bigger than me. At night, in pain, I would think, There are others out there feeling what I’m feeling and staying clean. In the day I could watch the trees and know I’m alive just like they are. It’s a clarity that hasn’t left me.”

We all have tools we can use if we want to stay clean. NA literature is available to us online or by mail. We may reach out by phone or online, find our way to a virtual meeting, or share with an individual

member. NA members are here to help us. For many of us, staying clean in isolation deepens a relationship with a Power greater than ourselves. A time of isolation provides an opportunity to dive deep into stepwork with a sponsor and into the study of our guiding principles. Inventory work might help us understand our isolation differently and find some new solutions or deeper acceptance. That’s not to say it’s easy.

Crisis

Some NA members find themselves isolated when caring for a sick or disabled loved one. The combination of being isolated, in a state of “high alert,” and feeling like the only one going through something so difficult can be deeply challenging. “My husband was in intensive care, and I was at a hospital in a strange town where I didn’t know anyone,” a member shared. “In that time, I noticed I could pay attention to the miracles all around us. Every breath is a miracle. When someone is really sick it’s easier to see that.”

There are times when we need NA desperately, and it’s just not possible to get to a meeting. Whether we make contact online or by phone, whether we reach out or isolate, whether we build a new NA community around us or a new safe place within ourselves—the program is still with us, because it lives in us.

Relapse or destructive action in a time of hardship can wake up our disease and create more problems, distracting us and those around us from the crisis at hand. In contrast, when we stay clean, we can show up with grace and fortitude we may not even know we possess. Our Basic Text reminds us, “No matter how painful life’s tragedies can be for us, one thing is clear, we must not use, no matter what!” Our experience has shown that if we put forth even half the effort to stay clean that we did to use, we have an excellent chance of maintaining our recovery. We may find a deeper relationship with a Power greater than ourselves, a strength we didn’t know we had, a kind of courage that perhaps we admired in others but never imagined for ourselves. When we reach out for help, we begin to grow.

Our Basic Text reminds us that “We are not responsible for our disease, but we are responsible for our recovery.” Even when we are isolated, we can find ways and means to connect: in person, virtually, or through prayer and meditation. A variety of resources are available in addition to virtual meetings: Recovery literature is available online; there are audio recordings of the Basic Text in a variety of languages; many local websites have recordings of speakers at meetings or conventions. These can be indispensable tools for learning and growing wherever we are. Local or zonal websites often have links to virtual events, recordings, and more.

Recovery in NA is a process that transforms our experience into tools for helping others. Sometimes it’s as simple as being able to share with another member, “I’ve been through that, and I stayed clean.” And sometimes surviving a hard time clean gives us access to a whole new depth of empathy and understanding. Over time, the same conditions that create our isolation can become a factor in our experience of unity.

Reaching Out for Help

How many times have we heard people say things like "An addict alone is in bad company," or "NA means Never Alone, Never Again"? When we are isolated we may reflect bitterly on these statements, without considering the ways we might find that sense of belonging we need so desperately. Many members who experienced isolation due to illness or aging shared feelings of frustration. "My big beautiful life in recovery was ripped out from under me and nothing prepared me for it," said one member. "I needed people to reach out to me to let me know I was still important to my NA community," shared another. We may want to believe people know how we feel or what we need, but in fact we need to tell them. Reaching out can be especially difficult when we are in pain. A member shared, "Drowning people make no sound. Offering a hand can be the most important thing we do."

Some of us are isolated from the technologies that might make reaching out easier. When we are incarcerated, or in places that are very remote or without electricity, we find different ways to connect. Even for those of us who are comfortable with new technologies, old-fashioned letter writing and phone calls can be indispensable tools. The publication *Reaching Out* is available by mail or on tablets to many addicts who are incarcerated. You can always write or email the NA World Service Office at the address listed among the resources at the end of this pamphlet. The personal stories in the Basic Text, the White Booklet, and the White Booklet Anniversary Edition allow us to learn from members' experience. Some local NA communities have outreach committees dedicated to helping members in isolated areas or who are homebound. If we anticipate a period of isolation, we can prepare by gathering resources to carry us through. Many Hospitals & Institutions committees provide links between incarcerated members and someone outside who can provide guidance and support through the Steps.

Starting an NA Meeting

Recovering in isolation can motivate us to start meetings. We may feel unprepared or unqualified, but all we really need is willingness. The Group Booklet, *Serving NA in Rural and Isolated Communities*, and the webpage on how to start a meeting all offer information and inspiration. You can receive a Group Starter Kit from your local service body or from NA World Services. (Follow the link to "How to Start an NA Meeting" at the end of this IP for more information.)

Members from other NA communities are often willing to come help or support the effort. Even so, it takes patience to sit in a room regularly and wait for people to come. Consistency is key. So is getting the word out! Whether the meeting location is posted on community bulletin boards or on local social media, or you reach out to treatment organizations in your community, the meeting will not grow unless people know where to find it. In the story "A Quiet Satisfaction" in our Basic Text, a member who helped start NA in his community shared about the time spent holding space for the meeting: "It renews my commitment every time I find myself alone in a room—although most meetings, these days, have a minimum of four members (and sometimes even twenty)."

If we are isolated by language, starting a meeting in our language may help carry the message to others in the community. Although it takes patience and commitment, there is no joy quite like seeing NA take off in a community. Our gratitude speaks—and often it says exactly what we need to hear to make it another day.

Virtual NA and the Addict in Isolation

Virtual NA has changed the experience of isolation for many NA members. An older member shared, "I had chronic illness and over 40 years clean. I needed to matter. Being online allowed me to be of service again, to feel connected." A member in a very rural country shared gratitude that "technology makes connection possible even in very remote areas. Even when the internet doesn't work so well it's good enough to reach out and ask for help." There are many members now whose whole experience with the NA Fellowship is online, including being of service. When we are open-minded about what will work for us, we often find that we have what we need—even when it's not exactly what we want or expect. Online and telephone meetings have allowed NA to come to many of our members who cannot come to NA in person. Some people note that reaching out is different online, though. Conversation before and after the meeting isn't quite the same, and we might have to ask people to "hang out" virtually or be open to a phone call before we feel quite ready. Reaching out is always an act of courage, and feeling like we are "a part of" takes effort even in person. When we are willing to take a risk and ask for help, we help the person we are asking as much as ourselves.

Virtual NA allows us to find meetings anytime we like—and it also extends our reach in finding people with whom we can identify. When we feel isolated or apart from meetings even though they may

be physically accessible, virtual meetings can provide a sanctuary and a fresh perspective. Some of us readily find community, sponsorship, opportunities to be of service, and a sense of belonging online. For others, feeling at home or even paying attention in online meetings can be a challenge. Just as at in-person meetings, don't leave five minutes before the miracle! It can take effort to adapt to new circumstances and technologies, but our lives depend on our willingness.

The Value of Sharing

Narcotics Anonymous is a program of Twelve Steps and Twelve Traditions designed to help addicts find recovery, regardless of where they may be. By practicing these spiritual principles, we can achieve freedom from active addiction whether or not we are in contact with others. But our Basic Text tells us that "the heart of NA beats when two addicts share their recovery." So we get creative and find ways to share with another addict in person, by mail, by phone, or online.

For some of us, isolation is not about geography or illness. Some of us have a hard time being around people at all; sometimes struggles with mental health or other issues can make the experience of in-person meetings too stressful. Some members share that a bad breakup or other relationship difficulties in the rooms make it hard to keep coming back, even when they desperately want what NA has to offer. Our identity or our opinions may isolate us from our community—either in reality or in our minds. One way or another a rupture happens and, as a member shared, "I suddenly found myself on an island." One member caught in a violent relationship shared that while going to meetings in person was out of the question, virtual meetings provided a lifeline. "I can get to meetings when I'm at work, or when I'm alone in the house. I have a sponsor online and we're working on a plan to get free."

Language and culture issues often intersect, and it's possible that even when we can understand some of the words, we can feel unwelcome or afraid to share when a meeting is in a language other than our own. Finding a way to share and participate diminishes the feeling of isolation and may even offer a new experience of unity. We may discover that NA is bigger than we thought, and that our experience is not unique—even when we feel very alone.

Living the Program

For some people, being isolated means learning deeper lessons about anonymity: "In the military, my calls and emails were all monitored. They couldn't know about my NA membership, and my NA people couldn't know where I was or what I was doing. Hearing a familiar voice sometimes had to be enough; I'd hold on till I was on

leave and I could get to a meeting. I didn't know if I could stay clean that way, but I learned I could. Sometimes I'd be holding on for that next meeting, but I knew it would come." Perseverance and faith grow with practice. We come to see that NA lives inside us. It's not a product we consume or even a place we go, although our home group may be central to our experience of connection. As we practice the program we create it, experience it, and see it transform our lives even when we cannot speak it out loud.

Other members have found that being geographically isolated from an NA community created an opportunity to be more vocal and visible about their experience. Being an example to people who have never encountered recovery before can be a powerful way we carry the message. "I learned that I could bring my recovery to wherever I was," a member shared. "I could be of service wherever I was. I try to remember that I could be the only Basic Text someone will see." Almost everyone knows somebody who has struggled with addiction, and so many people in the world have lost someone to our disease. Sadly, not enough people know that recovery is possible. When we live the program of Narcotics Anonymous, just being ourselves can carry a powerful message.

"NA taught me how to connect. Being isolated taught me I can identify with people beyond NA. Sharing from the heart, meeting the people around us where they are, looking for the places I could

be of service. These skills translate into the larger world, and I can get the benefits even when I'm not around my Fellowship." Another member shared, "Staying clean in isolation is not a contradiction. It affirms what I've lived: that clarity can be forged in silence, that counsel can be found in the digital glow of a night meeting, and that the will to live can return."

Our Basic Text tells us that "NA is like a lifeboat in a sea of isolation, hopelessness and destructive chaos." Because isolation and alienation are so much a part of active addiction, feeling isolated when we are in recovery can be painfully familiar. Yet the experience can be very different—and that difference has the potential to be transformative. Our relationship to ourselves, our Higher Power, and the world around us has changed. There are people who believe in us and want to help us in our recovery. We have spiritual principles to guide us as we navigate through the storms life sometimes brings. The storms don't define our experience, but how we weather them does. We can stay clean in isolation—and find in our experience a new or renewed strength in our spirituality and our commitment to recovery. Just for today, we have nothing to fear.

Strategic Plan

Key Result Area: PUBLIC RELATIONS

Issue: Credibility of NA

Objective 1: Raise internal Fellowship awareness of the importance of effective Public Relations in carrying our message, achieving our Vision and furthering Fellowship development.

Solutions:

- Create an internal NA service campaign focused on the importance of engagement in public relations activities.
- Develop more Fellowship-facing PR training and tools to support member engagement in public relations.

Objective 2: Create PR tools for four target external audiences, raising their awareness of NA as a viable program of recovery.

Solutions:

- Create a PR campaign for each target audience.
- Update the pamphlet NA: A Resource in Your Community.
- Update presentations for professionals (clarifying NA's position on DRT/MAT and the spiritual nature of the program).

Key Result Area. SERVICE SYSTEM SUPPORT

Issue: Impact of the Rise of Virtual NA

Objective 3: Improve the ability of virtual groups and service bodies to fully participate in the service system and for their voices to be heard as part of the NA Fellowship's conscience.

Solution:

- Collect best practices for virtual groups and areas to participate in NA services (e.g., global center service entity; existing geo-based system).

Issue: Lack of Cohesion in the Service System

Objective 4: Further the concept of coordination and collaboration within the service system and the understanding and appreciation of complementary roles and contributions to A Vision for NA Service.

Solution:

- Create a contemporary guide to service in NA to replace A Guide to Local Service. Consider a modular-based approach similar in format to the Basics series. Include guidance on how to incorporate virtual groups in the service system and information on zones. As resources are created, consider possible future alternative format versions of content (e.g., videos).

Issue: Development and Organization of Trusted Servants

Objective 5: Through mentorship, training, and tools, increase continuity of service and inspire members of all ages and stages of recovery to be of service.

Solutions:

- Create messaging and tools to help existing trusted servants create an environment that inspires members to be of service, and establish a pipeline for developing trusted servants on an ongoing basis.
- Create mentoring guidance and resources to encourage younger members (in age and recovery) to be of service.

Issue: Disruption in the Flow of Funds

Objective 6: Create tools for groups and service bodies to offer convenient ways for members to contribute, and to facilitate and encourage the distribution of funds through all components of the service system.

Solutions:

- Create a resource for groups to use to navigate electronic contributions.
- Create messaging and resources around why we give, why it matters, and where it goes (e.g., Unity Day, webinars, social media, reading cards, etc.).

Key Result Area: FELLOWSHIP SUPPORT

Issue: Safety and Belonging

Objective 7: Raise the level of consciousness regarding inclusiveness in our diverse Fellowship, and develop tools to support groups in ensuring that all members and potential members feel safe, welcomed, and included at in-person and virtual meetings.

Solutions:

- Investigate changes and/or additional wording to NA literature from gender-specific language to gender-neutral and inclusive language.
- Update the service pamphlet or develop a new pamphlet on safety in NA and dealing with predatory behavior. *Addendum B • 2026 Conference Agenda Report 69*
- Update the *Group Booklet* to add guidance about safety and inclusion.
- Create a tool to deal with disruptive or inappropriate behavior in virtual meetings.
- See solution under Objective 8.

Issue: Medication-Assisted Treatment

Objective 8: In the spirit of our Third Tradition, achieve a common understanding across the Fellowship of what it means to be an NA member and how to create the space for addicts to choose membership, regardless of how they found NA.

Solution:

- Develop resources for groups and workshops on how to make members and potential members feel welcomed.

Issue: Generational and Cultural Diversity

Objective 9: Continue to adapt communication methods and technology to meet a diverse membership's preferences for engagement.

Solutions:

- Develop a strategic approach to communication that is intentionally designed to attract younger members and make communication easier to absorb and disseminate, using newer technology. Ideas include:
 - Gathering input directly from younger members
 - Implementing a messaging app, such as WhatsApp/Telegram as an official form of World Service communication
 - Utilizing infographics and videos to convey pieces of information in reports

Key Result Area: WORLD SERVICE STRUCTURE AND OPERATIONS

principles. The NAWS Sustainability issue is the responsibility of the World Board and the executive management of the World Service Office.

Issue: Three-Year Conference Cycle

Objective 10: Further refine and describe the three-year conference cycle, including major meetings, policies, planning process, deadlines, and guidelines, so that participants are able to make an educated decision about whether to adopt a three-year cycle on an ongoing basis.

Solutions:

- Use the experience of the two-cycle experiment to draft proposed descriptions and guidelines for a three-year conference cycle and include in a draft of *GWSNA* for conference decision. Better define the interim WSC meeting and address how to best use the time during and between in-person conferences.
- Collect regional and zonal best practices in adapting delegate terms to a three-year conference cycle.
- Evaluate and refine the collaborative planning process for ongoing implementation.

Issue: Future of the World Convention

Objective 11: Create a financially sustainable model for the World Convention (WCNA), in harmony with our Eleventh Concept, that meets the needs and expectations of the global Fellowship in a changing world.

Solutions:

- Hold WCNA every five years, with flexible rotation of locations and possible attendance cap.
- Explore methods to require financial contributions by virtual attendees.

Issue: NAWS Sustainability

Objective 12: Building on Objective 6, raise understanding of the need for and importance of adequate financial resources in carrying the NA message of recovery.

Solutions:

- Send quarterly "thank you" messaging to financial contributors with links to social media content.
- Encourage showing of Fellowship development videos at events and conventions throughout the service system.

Objective 13: Continue to evaluate and adjust activities at NA World Services to best support its roles and functions in a changing world.

Solutions:

- Continue to respond flexibly and responsibly to the realities of a changing world in operating the business of NAWS.
- Continue use of focus groups as a flexible means to be more inclusive and accountable in seeking member input and engagement.

SOUTH OF FRASER AREA SERVICE COMMITTEE
FINANCIAL REPORT FOR January 2026

Opening Bank Balance as of January 1, 2026 \$12,505.97

Add Income

Group donations-EFT, cheque and cash	700.00	
Literature deposit-Dec & Jan sales	907.05	
SOFA Winter Event Security deposit	400.00	
Monthly plan fee rebate	4.95	
Total Income	2,012.00	\$2,012.00

Less Expenses

Chq #179 Dawn B-Activities	300.00	
Chq #182 BCRLC-Literature Order-Dec'25	1695.47	
Chq #184 BCRLC-Literature Order-Jan'26	1074.91	
Chq #185 Gloria T-Basic News Jan 2026	203.63	
Auto debit Public Storage Rental	222.95	
Auto debit Monthly plan fee	4.95	
Total Expenses	3,501.91	(\$3,501.91)

Closing Balance as of January 31, 2026 **\$11,016.06**

Cheques written but not cashed/Outstanding Cheques @ month end

Chq #182 BCRLC-Literature Order-Dec'25	1695.47	
Chq #184 BCRLC-Literature Order-Jan'26	1074.91	
		2,770.38

Closing Reconciled Bank Balance as of January 31, 2026 **\$13,786.44**

Prudent Reserves

A	Activities	1,700.00	
	Area - Operating expenses (1 mth)	3,835.00	
	Total Prudent Reserves	\$ 5,535.00	\$ (5,535.00)

Estimated general funds at January 31, 2026 (A+B+C) **\$5,481.06**

Hello everyone,

The next regional meeting is Feb 22-22nd on Zoom. Anyone that would like to attend would be more than welcome. I would especially encourage anyone interested in RCM 2 to attend to see what regional is like. I will provide the zoom link when I find it.

I noticed that on the regional website we need to add our website to Addendum D – Area City Directory and add Aldergrove to Addendum F Regional Area Directory; I will send off an email to the web coordinator for this.

I would also like to thank Ken P. for his demonstration for the CAR Reprot, and I have provided the Survey link below.

https://www.surveymonkey.com/r/2026_CAR_Survey

Open Positions:

Regional Venue Coordinator

Literature Treasurer

Upcoming Events:

Serenity By The Lake June 19-21, 2026 - Kelowna

- Full Package Lodge, Cabin and RV include Basic Registration, 3 meals on Sat and Sun Breakfast
- All Accommodations require own bedding, towel and toiletries
- Absolutely no dogs permitted.
- Adult (13 and up) Early Bird Prices RV- \$130, Cabin - \$140, Lodge - \$170
- Youth (12 and under) Early Bird Prices RV - \$95, Cabin \$110, Lodge \$135
- Basic reg (13 and up) \$40, Basic reg and Banquet (13 and up) \$75
- Youth Banquet \$22
- early bird prices till Feb 28th, price goes up after cut off
- NO REFUNDS AVAILABLE!!!!!!

LOCATION: GREEN BAY BIBLE CAMP. 1449 Green Bay Rd Westbank BC (GBBC has no affiliation with Narcotics Anonymous) PLEASE ONLY FILL 1 FORM PER ADDICT!! For more info please contact the Registration Chair, Sarah at 250 808-5886 after 4PM

Registration link: <https://forms.gle/EvBQnzA7sXeM1qEZA>

Spring Clean 43 May 15-18th – Howe Sound

Tickets are available now!

Early Bird Pricing (until February 28) \$295

Kids \$295

Regular pricing (March 1st) \$365

Limited subsidies available (see the form in the bitly link below)

bit.ly/4rXeK40

Lost and Found Group hybrid speaker series

First Friday of the month @ 7pm on zoom – Courtney, BC

Flyer attached for more info and upcoming speakers.

Multi Area Public Relations Service Event – Maple Ridge

March 28 1-10pm

Sapperton Pensioners Community Hall

318 Keary St, New Westminster, BC

if you are interested in being of service contact pr@tricity.org

NAWS World Convention 2028

NAWS has announced that the next convention will be held in Dublin, Ireland!!!

Activities

In order to aid the activities committee with their goal of fundraising; I would like to propose that the area admin team work with the activities committee on a financial review dating from the last white water rafting event up until now.

The admin committee met to discuss what our expectations are for the financial reports regarding the activities committee, and if the groups agree our expectations are as follows:

1. the activities report will include a snapshot of the bank account for the last month at every area meeting.
2. Following events, the activities committee will provide an income and expense breakdown at the following area meeting – like what was done after the winter event.
3. Any cash funds will be deposited into the activities bank account in a timely manner.
Suggested 3-5 days following the event.

We want to give the activities committee 3 months with support from the admin committee to provide these financial reports and then revisit allowing activities to bank some funds towards the next white water rafting event.

Enclosures

The following documents are included with this report:

1. **Spring Clean 43 Campout Flyer**

Description: Details about the Spring Clean 43 Campout event, scheduled for May 15-18, 2026, at Howe Sound. Includes ticket pricing, early bird discounts, and subsidy information.

2. **L&F 2026 Speaker Series Flyer**

Description: A schedule for the 2026 Hybrid Speaker Series featuring the Lost & Found group, including dates, speakers, and locations for each session.

3. **Serenity By The Lake Retreat Flyer**

Description: Information about the "Serenity By Lake" retreat event, scheduled for June 19-21, 2026, at Green Bay Bible Camp, including registration details, accommodation options, pricing, and contact information.



+ Serenity By The Lake June 19-21 2026

- Full Package Lodge, Cabin and RV include Basic Registration, 3 meals on Sat and Sun Breakfast
- All Accommodations require own bedding, towel and toiletries
- Absolutely no dogs permitted.
- Adult (13 and up) Early Bird Prices RV- \$130, Cabin - \$140, Lodge - \$170
- Youth (12 and under) Early Bird Prices RV - \$95, Cabin \$110, Lodge \$135
- Basic reg (13 and up) \$40, Basic reg and Banquet (13 and up) \$75
- Youth Banquet \$22
- early bird prices till Feb 28th, price goes up after cut off
- NO REFUNDS AVAILABLE!!!!

LOCATION: GREEN BAY BIBLE CAMP. 1449 Green Bay Rd Westbank BC (GBBC has no affiliation with Narcotics Anonymous) PLEASE ONLY FILL 1 FORM PER ADDICT!! For more info please contact the Registration Chair, Sarah at 250 808-5886 after 4PM

SPRING CLEAN 43

May 15th-18th Howe Sound

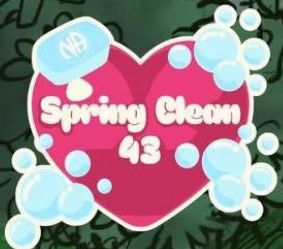
Narcotics Anonymous's Longest Running Campout!

Early Bird \$295 until March 1 Kids \$295 Adults \$360

Registration is Open!

Scan QR code or go to bit.ly/4rXeK40

Includes water taxi, cabins, 3 meals a day, and coffee and tea all day
Beach meetings, hikes, swimming, canoes, kayaks, disc golf, volleyball,
archery, karaoke, campfires, smores, talent show, auction, fun, & fellowship



2026

**Hybrid SPEAKER SERIES
1st Friday of the Month**



Virtual Link

<https://us06web.zoom.us/j/84992828078>

Meeting ID: 849 9282 8078

Feb 6th	Chantelle A.	North Van, BC
Mar 6 th	Izzy & Jordan	Ladner, BC
Apr 4 th	Cheri F.	Kamloops, BC
May 1 st	Mandy & Ryan	Scotch Creek, BC
June 5 th	Brendan E.	Edinburgh Scotland
July 3 rd	Laura I.	New West, BC

7pm 579 5th St. Courtenay BC

Sofa Activities Report.

Sunday February 1, 2026

My apologies for not being able to attend the last 2 Areas.

I also want to apologize to this area for not submitting A proper financial document, I just submitted the numbers I was given and submitted my reports.

Moving forward I have provided a bank statement from the activities account as of February 1st. and we will be doing a itemized financial statement after each event.

Paint your own Gnome night is underway.

I have used the cheque that was given to me in November. I have paid \$150 deposit that will cover the next 2 events here at Cloverdale United Church. I have also paid \$90 rent for the Gnome night, I will be paying for the rent for the Bingo Night that we are doing tentatively March 21 or 28, 2026.

I do have a proposal asking for Literature from the area for Bingo prizes for our Bingo night.

We are asking for 4 Survival Guides & 4 mini JFT's

And our Committee will be purchasing 4 basic coffee mugs w/ Coffee cards and 4 JFT daily meditation Journals.

We also tentatively discussed our fundraising BBQ in June for the Whitewater rafting in July.

LITERATURE CHAIR REPORT		
Financial Report December 2025		
		SOFA
Less Sales		
	Janurary Group orders	610.20
	Janurary EFT orders	296.85
	H&I allotment	100.80
	Liturature contribution	
	PI Allotment	
	Total Sales	1,007.85
Add Purchases		
	Funds requested to place order	816.56
	Closing Balance as of Janurary 31, 2025	6,207.59

2/1/2026

Public Information Area Report:

- **Meeting List distribution:**
 - Need new meeting lists for:
 - Langley Community Services: Met with Christina, had a quick chat, very grateful to receive updated meeting lists. Asked her if her staff would be open to panel presentation on NA. Said shed get back to me.
 - Gateway to Hope: They've got meeting lists.
 - Langley Memorial ER: Have not been able to get back during admin hours.
- **Basic texts in School**
 - Did some more research and spoke to some teachers, best way to get basic texts into schools is to go through the schools district: Michael Morgan, Director, Student Support Services
 - Me and Ainslie will also be running a test pilot on our former high school directly.
 - **Email is drafted and included in my report**
- **New Meeting at Gateway to Hope**
 - Going great!

2/1/2026

EMAIL DRAFT:

Dear Principal Akune,

My name is Zachary Everett, and I am a former student of Burnsvie Secondary. I am writing alongside Ainslie Glass, also a former student, as volunteers with Narcotics Anonymous in the Langley region, where I serve as the Public Information Liaison within the SOFA (South of Fraser Area).

I'm reaching out to see if your school would be open to a brief conversation about Narcotics Anonymous as an informational community resource. Narcotics Anonymous is a free, confidential, peer-support program for individuals affected by substance use, or for those seeking information.

One initiative we are currently undertaking is placing a single copy of Narcotics Anonymous' Basic Text in high school libraries. The book is informational, non-graphic, and intended only as a passive resource alongside other wellness materials. There is no student outreach or school based programming involved.

Please let us know if you'd be open to setting up a meeting to discuss this initiative. We fully respect school policies and administrative discretion. If it is not appropriate for your school, we completely understand.

Looking forward to hearing from you.

Zach Everett

778-710-0539

Public Information Liaison

<https://sofana.ca/>